Runner FAQs

Haunted Halfie 2026

QUICK INFO: RACE DAY AT A GLANCE

Saturday, October 31, 2026
Location: RCTC Regional Sports Center, 851 30th Avenue SE, Rochester, MN
Race Day Schedule

Timeline	
6:30 AM	Packet Pickup Opens
8:00 AM	Little Monsters Kids' 1K
8:30 AM	Half Marathon & Relay Start
8:45 AM	5K Start
9:00 AM	Post-Race Party Begins
12:00 PM	Course Closes

Packet Pickup

- **Early Pickup:** Thursday, October 29 | 4:30–7:00 PM at Olmsted Medical Center, Elton Hills Rehab Services
- **Race Day Pickup:** Saturday, October 31 | Beginning at 6:30 AM at the RCTC Regional Sports Center

Start Line: Outside the RCTC Regional Sports Center at the intersection of Stadium View Pl SE and College Pkwy SE.

Finish Line: Inside the RCTC Field House.

Parking: FREE parking is available in the large lots surrounding the RCTC Regional Sports Center.

Post-Race Fun: Stick around for the Haunted Market, trick-or-treating, pumpkin painting, temporary tattoos, an inflatable obstacle course, and more!

Weather Updates: Check your email and our social media before leaving for the race.

REGISTRATION & PACKET PICKUP

PACKET PICKUP

Early Packet Pickup

Thursday, October 29 | 4:30–7:00 PM
Olmsted Medical Center, Elton Hills Rehab Services

Race Day Packet Pickup

Saturday, October 31 | Beginning at 6:30 AM
RCTC Regional Sports Center

What You'll Receive at Packet Pickup:

- **Race Bib:** Your bib number will be assigned at pickup.
- **Runner Shirt:** You'll receive the shirt size selected during registration. Exchanges are only available after the race and shirts must be unworn.
- **Runner Buff & Canvas Tote:** Both will be available at packet pickup.
- **Finisher Mugs:** These will NOT be distributed at packet pickup. Mugs will be available at the finish line. See the Finisher Mugs & Beverages section below.

Can someone else pick up my packet?

YES! Simply forward them your registration confirmation and have them ready to show it at pickup.

SHIRT EXCHANGES

- All registered runners receive a shirt.
- Only sizes selected during registration are available at packet pickup.
- Exchanges may be offered **post-race only**, and shirts must be unworn.
- Shirts not picked up at the event will be forfeited.
- We are unable to mail shirts or coordinate separate pickups.

IMPORTANT: This 5K event has sold out, so additional shirts and sizes are limited. You are welcome to check about exchanges after the race, but we cannot guarantee that your desired size will be available.

TRANSFERS & RACE CHANGES

The deadline for transfers and race changes was **Thursday, October 22**.

SAME-DAY REGISTRATION

Same-day registration will only be available for races with remaining openings.

2026 Race Update: The 5K is SOLD OUT! We anticipate the 1K and half marathon will also sell out before race day. If this happens, there will be no same-day registration opportunities.

RACE INSURANCE

If you purchased race insurance and need to use it, claims are handled through RegShield, a third-party company.

Click here for information on claiming event insurance.

LOCATION, PARKING & START LINE

DIRECTIONS & PARKING

All race-day events are located at:

Rochester Community and Technical College (RCTC)
851 30th Avenue SE
Rochester, MN

All pre-race and post-race activities take place inside the RCTC Field House.

PARKING

Parking is EXCELLENT at RCTC! There are several large, FREE parking lots surrounding the Field House, all within a couple minutes' walk of packet pickup and the finish line.

START & FINISH LINE PROCEDURES

START LINE

The start line for ALL events is in the SAME location, including the Kids' 1K!

The start line is located just outside the RCTC Field House, west of the building, at the intersection of Stadium View Pl SE and College Pkwy SE.

How to Get to the Start Line:

We ask all runners to go through the lobby and exit through the south doors. Follow the signs to the outdoor starting arch.

Look for the **TEAL-colored arch** on the street. This is where all races will begin!

Our announcer will provide clear instructions for lining up.

FINISH LINE

All races finish INSIDE the RCTC Field House!

This is also where you'll find race-day packet pickup and all the post-race fun, including local vendors, pumpkin painting, hot cider and cocoa, and a kids' play area!

BAG DROP

Sorry, we do not offer bag drop at this event.

With plenty of FREE parking close to the Field House, you can easily return items to your vehicle before the race.

RESTROOMS

RCTC has plenty of restrooms on the main level, with additional restrooms upstairs inside the RCTC Regional Sports Center.

Additional portable restrooms are located outside the building on the WEST side.

Restrooms are also available at every water stop along the half marathon course (6 stations).

RACE INFORMATION & COURSES

Click here for course maps

LITTLE MONSTERS KIDS' 1K

Get your little monsters moving with a fun, festive Halloween 1K!

Kids will run a course around the RCTC Sports Complex, surrounded by volunteers and Rochester Police Department officers helping keep everyone safe, before crossing the finish line INSIDE the RCTC Field House!

Race Details

- **Start Time:** 8:00 AM
- **Ages:** 12 and under
- **Cost:** $5 per child (includes a Little Monsters 1K run hat!)
- **Costumes:** Absolutely encouraged!
- **Course:** Around the RCTC Sports Complex. Click here for the course map.
- **Registration:** Limited spots available. This race is expected to sell out!

STARTING LINE & RACE HEATS

The race begins at 8:00 AM, with runners starting in heats by grade level in this order:

1. 5th & 6th Grade
2. 3rd & 4th Grade
3. 2nd Grade
4. 1st Grade & Younger

IMPORTANT: Please help keep your child OUT of the starting chute until their grade is called. Only the announced grade levels should enter the starting area. All other runners should wait off to the side.

CAN PARENTS RUN WITH THEIR KIDS?

YES! We encourage children to run independently if they're comfortable, but parents are welcome to accompany younger runners who need support.

Parents running alongside their child do NOT need to register.

CHILD CLAIM TICKETS & FINISH LINE PICKUP

Each child's race bib includes a tear-off **"Child Claim Ticket"** that matches their bib number.

Parents/Guardians: Before the race, tear off the Child Claim Ticket and pin it to the FRONT of your shirt, preferably on your chest or shoulder.

Have your ticket ready at the finish line inside the RCTC Field House so volunteers can quickly and safely reunite you with your child.

Please be ready to pick up your child promptly to help keep the finish line area moving.

If you become separated from your child: Notify an event staff member or volunteer immediately. Our team will assist in locating your child and coordinating a safe reunion. Rochester Police Department officers will also be on-site to assist with event safety.

Finish Line Treats: Water and granola bars will be available for all little runners!

After the 1K, stick around for all the Halloween fun inside the RCTC Field House! See the Post-Race Halloween Fun section below for details.

Don't forget your costumes! We can't wait to see all our little monsters at the starting line!

HAUNTED HALFIE 5K COURSE

The 5K is marked with **PURPLE**, matching your PURPLE race bib!

PURPLE ground arrows and PURPLE cones will guide you through the course, along with our awesome volunteers!

All runners receive a 5K medal at the finish, along with post-race beverages and snacks.

This course is USATF certified!
Course Number: **MN26025MAB**

HAUNTED HALFIE HALF MARATHON COURSE

The half marathon course is marked with **ORANGE**, matching your ORANGE half marathon race bib!

ORANGE Haunted Halfie ground arrows and ORANGE cones will guide you through the course, along with more than 100 volunteers helping you along the way.

All runners receive a half marathon medal at the finish, along with post-race beverages and snacks.

This course is USATF certified!
Course Number: **MN26024MAB**

HAUNTED HALFIE TEAM RELAY

Click here for full relay information.

ON-COURSE SUPPORT & SAFETY

WATER STOPS

Our water stop crews are ready for you approximately every 2 miles along the course!

- **Mile 6 Water Stop:** Bananas will be available for runners.
- **Mile 8 Water Stop:** GU energy gels will be available in Pumpkin Spice and S'mores flavors.

CHEER ZONES

After the Mile 4 water stop, things will get wild out there!

We'll have **5 cheer zones** hosted by groups along the course, located between water stops.

Expect costumes, music, and all the energy to keep you moving!

REST IN PACE: MYTHICAL MILE PACING TEAM

The Rest in Pace (RIP) Team, presented by Mythical Mile Coaching, will help runners maintain a steady pace throughout the course.

PACE TIMES

Finish Time	Pace Per Mile
1:35	7:15/mile
1:40	7:38/mile
1:45	8:00/mile
1:50	8:24/mile
1:55	8:47/mile
2:00	9:10/mile
2:10	9:55/mile
2:15	10:17/mile
2:20	10:41/mile
2:30	11:26/mile

PETS & STROLLERS

We highly discourage bringing pets and strollers to this event.

Strollers are prohibited on the half marathon route.

SEVERE WEATHER PLAN

We will monitor weather conditions with our safety team and work with city officials, the Rochester Police Department, and medical personnel to communicate any necessary plans.

Before leaving for the event, ALWAYS check your email first!

Our social media channels will also be updated immediately with important information.

OUR VOLUNTEERS

We've got hundreds of volunteers out on the course helping make Haunted Halfie possible!

Be sure to thank them for being there and supporting all our runners!

FINISH LINE & POST-RACE FUN

FINISHER MUGS & BEVERAGES

All runners (excluding the 1K) will have a **MUG TEAR TICKET** attached to their race bib.

After your race, head to the beverage station and exchange your tear ticket for your finisher mug, which comes pre-washed!

We'll have the following complimentary beverages available to fill your mug:

- Hot Cider
- Hot Cocoa
- Coffee, provided by MOKA

IMPORTANT: This complimentary beverage station is only open AFTER the run, not before.

MOKA will also have additional coffee beverages available for purchase before and after the race for runners and spectators looking for something a little different!

THE HAUNTED MARKET & TRICK-OR-TREATING

Post-race is the place to be!

Once you cross the indoor finish line, grab your mug, fill it with cider or a beverage of your choice, and explore the Haunted Market!

We've invited local artists, community partners, and mental health resources to connect with runners and families.

POST-RACE HALLOWEEN FUN!

Stick around for a spooky celebration inside the RCTC Field House!

- **Trick-or-Treating:** Grab a bag and visit vendor booths for Halloween goodies!
- Pumpkin Painting
- Temporary Halloween Tattoos
- Inflatable Obstacle Course
- Vendor Market & More!

TRICK-OR-TREATING

Trick-or-treat stations will remain open through the end of the half marathon, so families participating in longer races can enjoy them later, too!

Look for the signs at participating booths that say **"TRICK OR TREAT STATION."**

Don't forget your costumes!

COSTUME CONTEST

Come dressed in your Halloween best!

We'll have awards for the **best individual and group costumes**.

If you come dressed up, you're automatically entered into the costume contest. BUT you must be present to win!

Don't forget to show off your costume to the Haunted Halfie Team because **THEY ARE YOUR JUDGES!**

Come dressed to WIN!

AWARDS, RESULTS & PHOTOGRAPHY

RACE AWARDS

Overall and age-group awards are offered in each category.

5K & Half Marathon

1st, 2nd, and 3rd place overall in Male and Female divisions.

Team Relay

1st, 2nd, and 3rd place overall in Male, Female, and Coed divisions.

Age Group Awards

1st, 2nd, and 3rd place in each age group for the 5K and half marathon, in Male and Female divisions.

Age Groups:

- 15 & under
- 16–19
- 20–29
- 30–39
- 40–49
- 50–59
- 60–69
- 70–79

- 80+

RACE RESULTS

Click here for MTEC Race Results after the run.

RACE PHOTOGRAPHY, PRESENTED BY ROCHESTER MOTOR CARS!

Smile for the camera! Thanks to Rochester Motor Cars (RMC), runners will have access to **FREE race photos** from this year's Haunted Halfie!

After the race, photos will be uploaded and organized using bib recognition technology, making it easy to find photos featuring your race bib number.

Simply log in to your RunSignup account to access and download your personalized photo album. We'll send an email when photos are ready!

Don't forget to stop by our **AWESOME photo backdrop** to capture your Halloween costumes and race-day memories!

COMMUNITY IMPACT & CHARITY RUNNERS

SUPPORTING AIDAN'S LIGHT

We are proud to advocate for and support Aidan's Light, an incredible local Rochester organization working with students, promoting mental health awareness, and helping prevent suicide.

A portion of each Haunted Halfie registration is donated to this important cause.

Thank you to everyone who has offered donations and support along the way!

Learn more about their work at aidans-light.org.

CHARITY RUNNERS

We have a limited number of charity runner spots available!

Charity runners receive a **FREE registration** to any event during the weekend and are asked to help advocate and raise an agreed-upon fundraising amount for these charitable causes.

Interested in becoming a charity runner?

Email **director@hauntedhalfie.com** for more information.

Thank you for supporting these great causes that help our community in need!